

#### **WELCOME OUR NEW STAFF MEMBERS!**



Ms. Deborah Tobin – Learning Support Ms. Jaime Frauenstein – Early Childhood Ms. Shelley-Ann Francis – MS and HS Counselor Ms. Elizabeth Boughey – Physical Education Ms. Lynne Harding – Grade 2 Mr. Lane Hunt – High School Social Studies Mr. Pierre De Levay - HS Mathematics Ms Allie - Music

## Letter from the Superintendent, Bridget Davies

Dear KAS Community,

I hope your children are enjoying settling into life at school. It is wonderful to have the majority of students on campus, learning with their classmates and teachers.

Teachers and students are busy in classrooms and around campus, getting to know each other and starting the important business of learning. At KAS we know that parents are vital in ensuring children are happy and flourishing at school. I would always encourage you to contact your child's teacher(s) with any questions or concerns you may have. Also talking with your child about their day at school and what they are learning is very important.

I thank you, as always, for your support.

Wishing you a relaxing weekend.

Best wishes,

Bridget Davies Superintendent bdavies@krtams.org



### Letter from the Principal – Susan Boutros

Dear KAS Community,

Welcome back to a new school year!

I hope that you have all had a great summer break. It is my pleasure to welcome you to another successful year of learning at Khartoum American School. It is exciting that we are now back to school. As the principal, I am honored to be among hard working students, an extremely dedicated staff, and a supportive school community. I feel fortunate to be part of this school and to support our students and families.

I am happy to report that all our teachers are here and that students are settling quite well in their classes. Together, we will ensure that we maintain our tradition of educational growth and community that makes KAS such a special place. On this note I would like to remind you of our mission:

**KAS** Mission

KAS provides an outstanding learning environment to promote an open, inclusive and student-centered program. We are devoted to fostering educational growth and development for our internationally diverse student body.

Indeed, we are a school that is dedicated to providing the very best opportunities for our students. We are a school that aims to ensure our students succeed academically as they develop, grow and mature into young adults by teaching our students to be life-long learners and responsible global citizens.

Best wishes for a productive and rewarding school year!

Susan Boutros sboutros@krtams.org



### Saying of the week

The phrase "turn a blind eye" is often used to refer to a willful refusal to acknowledge a particular reality. This phrase dates back to a legendary chapter in the career of the British naval hero Horatio Nelson. During 1801's Battle of Copenhagen, Nelson's ships were pitted against a large Danish-Norwegian fleet. When his more conservative superior officer flagged for him to withdraw, the one-eyed Nelson supposedly brought his telescope to his bad eye and blithely proclaimed, "I really do not see the signal." He went on to score a decisive victory. Some historians have since dismissed Nelson's famous quip as merely a battlefield myth, but the phrase "turn a blind eye" persists to this day.

Source: www://history.com.

Minette van der Bijl HS EAL Teacher Khartoum American School

Turning a blind eye (TUTI)

# **Routines, Routines, Routines**

Routines are part of human nature, regardless of age, race, religion or gender. As adults, we unconsciously create routines throughout our daily lives, both at work and at home. Whether it is when we wake up in the morning or get home from work, we follow several routines each day. For adolescents, they are discovering which routines work best for them; and young children need assistance with establishing their own routines. Routines provide us with a sense of safety and predictability, especially in a world which is constantly changing and evolving.

"Routine is consistently found to be important for children. A bedtime routine is associated with increased family functioning and improved sleep habits. Family routines have been linked to the development of social skills and academic success, and adherence to family routines has been identified as important for family resilience during times of crisis" (Mindell JA & Williamson AA, 2018)

At KAS, each age level has their own routines which work for learners of a particular age in the classroom. This looks different with the Early Childhood Centre learners than those taking AP classes in the high school. One of the most important routines for learners of all ages is their morning and afternoon routines when they arrive at school and are collected after school. All learners are expected to be in their classrooms at 8:00am. This sets up the learners for success over the course of the day. It is also important for all learners to be picked up punctually so they can return home after a long day at school.

This is where family support is essential. Ensuring our learners have morning routines which enable them to arrive at school in a punctual manner, are key to success. For our younger children, this may include set bedtimes to ensure the children are well rested when they arrive at school. For our older learners, having discussions about the importance of sleep to their development and learning (especially for the early morning classes).

If you have any questions about what routines would benefit your child as a learner, please do not hesitate to contact their classroom/advisory teacher.

We wish you a successful start to the 2021-2022 school year.

Patricia (Trish) Phyall - Grade 1 Teacher